

EMPOWERED
Choosing to Live by the Power of the Holy Spirit

Lesson 1:
**“Living by the Power of the Holy Spirit:
The Way Chosen for You”**

Introduction

Read Galatians 5:16-25

Living by the leading and power of the Holy Spirit enables us to live a life of focus, freedom and fullness. Once we are saved and baptized and filled with the Holy Spirit, we must then learn how to abide in the Spirit moment-by-moment and day-by-day. We are not called to ever live or minister in our own strength but in the power and strength of God’s Spirit. He desires to be our constant companion and helper, leading us into the will of God the Father and Jesus the Lord and giving us the spiritual guidance and strength to see it come to pass. When God’s people were rebuilding the temple in Jerusalem, God spoke these words through Zechariah: “Not by might nor by power, but by My Spirit,” says the Lord of Hosts.” (Read Zechariah 4:6-9.) Having started our life and ministry in Christ by the work of the Spirit we must continue to live by the Spirit, seeing Christ’s plans for us fulfilled completely as we embrace the walk, the way, and the work of the Spirit.

The Walk in the Spirit

Walking in the Spirit involves submitting to the *person, purpose and power* of the Holy Spirit. The Holy Spirit is the presence of the Father and the Son in us, helping and guiding us to discover the Father’s and the Son’s will and purpose by divine and infinite wisdom and power. (Read John 14:16; 15:26; 16:13-14; 1 John 4:4.) Walking in the Holy Spirit is partnership between the Holy Spirit and us. We yield to Him in faith and obedience and He supplies everything we need to be fruitful and productive believers and ministers. He leads us as we study God’s Word, giving us revelation and insight—eternal truth to learn from and live by. (Read John 16:13-15.) He helps us in our human weaknesses to know how to pray and what to pray for. (Read Romans 8:26-28.) Paul told the Ephesian church that they would understand the power of this kind of living. In so doing they would find themselves strengthened by the mighty power of the Holy Spirit in them, rooted and grounded, full and satisfied in the love of Christ and the knowledge of His passion and purpose for them. (Read Ephesians 3:14-21.)

It is no wonder we are called to “Walk in the Spirit.” (Read Romans 8:1-4.) It is the only truly wise and wonderful way to live. By walking in the Spirit, we partner with our living Lord Jesus in what He is doing around the corner and around the world, across the street and across the

waters. Our eyes are opened to see what He intends to do in our lives and times and how He intends on accomplishing it by His Spirit.

The Way of the Spirit

The way of the Spirit is about a new kind of living. It is the way of abundant and glorious liberty. (☐ Read John 10:10; Romans 7:4-6.) The Holy Spirit desires to set us free from trying to do what is spiritually right and real in our own strength. He comes to set us free from the penalty, power, guilt and shame of sin. Sin no longer has dominion over us. (☐ Read Romans 6:11-14.) We are now free to serve and obey God on His terms according to the truth and direction of His Word and the leading and life of His Spirit. As we abide in Him and trust His strength, we have the supernatural ability to live for Jesus and obey Him in everything. What a joy! And what a tremendous way to live and minister!

The Work of the Spirit

The work that the Holy Spirit desires to accomplish in us is a work of *purity, passion and power*. Remember, He is called the *Holy Spirit*. He brings the purity of God's presence into our lives so that we can "*be holy, even as our Father in heaven is holy.*" (☐ Read 1 Peter 1:16.) This is not self-righteousness. In fact, it is the very opposite; it is the very righteousness of Christ, received and released in us by His Spirit. As Oswald Chambers said, "The Holy Spirit does in me subjectively all that Jesus did for me objectively."

The Spirit also produces in us a deep, abiding passion to love Jesus supremely and seek to please Him everything. Paul told the Philippians to "work out your own salvation with fear and trembling." (☐ Read Philippians 2:12-13.) This simply means we are to see the work of salvation have its complete and ultimate impact in our lives. He also shared this important truth with them: both the *passion* and the *power* to see this accomplished was already in them by the Holy Spirit. What an incredible truth! God in us by the Holy Spirit has come to see the full work of salvation in spirit, soul and body become a blessed reality. This work in us then becomes the work through us that touches and transforms every life we encounter.

Consider the following truths concerning the work of the Holy Spirit in us:

- He makes us spiritually new. (☐ Read Titus 3:5.)
- He fills and empowers us to minister the life Jesus. (☐ Read Acts 2:33.)
- He is the presence of the Father and the Son in us. (☐ Read John 14:15-18.)
- He produces the fruit of godly life and character in us. (☐ Read Galatians 5:22-23.)
- He leads and guides us into the perfect will of God on a daily basis. (☐ Read John 16:13-14.)
- He satisfies the deepest needs of our lives. (☐ Read John 7:37-39.)
- He fills us with the love of God. (☐ Read Romans 5:5.)
- He gives us supernatural gifts and abilities (☐ Read 1 Corinthians 12:11.)

- He helps us pray with precision and power. (☐ Read Romans 8:26-28.)
- He opens our eyes to understand spiritual things. (☐ Read 1 Corinthians 2:9-16.)
- He produces unity with other believers, so we can live in peace and love. (☐ Read Ephesians 4:3-4.)
- He supplies the breakthrough power of the kingdom of God to overcome all the power of the kingdom of demonic darkness. (☐ Read Matthew 12:28.)

Living by the Spirit is the most fulfilling and exciting way to spend our days, months and years. Let us engage this Spirit-infused, imparted and inspired journey with Jesus and never let it end!

MEMORIZE: *“If we live in the Spirit, let us also walk in the Spirit.”* (Galatians 5:25)

Use the following lines to write out the scripture to help you commit it to memory.

KEY TRUTH: Living by the leading and the power of the Holy Spirit enables us to live with focus, fullness and freedom.

YOUR RESPONSE:

This is how you can choose to live by the power of the Holy Spirit as you apply the truths from this lesson to your life.

- Ask the Holy Spirit to reveal any area of your life where you have not fully submitted to Him, His purpose, and His power.
- Ask the Holy Spirit to reveal any area of your life where you are relying on your own strength instead of Him.
- Ask the Holy Spirit to reveal any area of your life where you are not allowing Him to work in you and through you.
- Take time to repent in the areas revealed to you above and make a fresh commitment to live by the power of the Holy Spirit each and every day.

WRITTEN RESPONSE: Lesson Review

Review each section from the lesson on the previous pages to fill in each blank below. This review will help to reinforce the truths from this lesson in your life.

1. Living by the _____ and _____ of the Holy Spirit enables us to _____ a life of _____, _____ and _____.

2. _____ in the Spirit involves submitting to the _____, _____
and _____ of the Holy Spirit.
3. By _____ in the Spirit, we _____ with our living Lord Jesus in
_____. He is _____ around the _____ and around the
_____, across the _____ and across the _____.
4. The _____ of the Spirit is about a new kind of _____. It is the way of
_____ and _____ liberty.
5. The _____ that the Holy Spirit _____ to _____ in us is a work
of _____, _____ and _____.

WRITTEN RESPONSE: Life Reflection

Using the journaling section on the pages at the end of this lesson, write in your own words your responses to the following questions.

1. What have you learned and what has impacted you personally from this lesson?
2. In reading the scripture references in this lesson, what are you sensing and seeing the Holy Spirit highlighting and revealing to you that will enable you to better follow Jesus?
3. As a disciple and follower of Jesus, what steps of loving obedience do you need to take to see what you have learned in this lesson become ongoing practices and patterns in your life?